

## ACTIVITY 5



# Tree-top Walk

<b>Season</b>	All
<b>Site</b>	All that have trees
<b>Age Group</b>	4/5 years and above
<b>No. of Children</b>	Any

**Equipment Needed:** Mirror tiles



### Safety Notes

Close supervision is needed to ensure that the children do not trip.

### Instructions

1. At home or your setting, make the mirror tiles. They can be made using paper sticky-back mirror tiles (which are not glass) stuck onto a piece of sturdy cardboard. These are available to buy online. You will need one for each child.
2. Line the children up in single file, on a flat, even surface. This should have been checked for pot holes, trip hazards and dog foul beforehand.
3. Ask them to put one hand on the shoulder of the child in front.
4. Hand out the mirror tiles, explaining that these are to be held at right-angles under the chin. Eyes are the pointed down, looking at the mirror tile, which will reflect the trees above.
5. Lead the group slowly along the path to enable them to see the tree canopy above. This will be an unusual experience for most of the children and enables them to study the beauty of the tree canopy.

If the group are not suitable for the walk or you do not have access to the mirrors, then set up a blanket or tarpaulin on the ground under a tree and ask children to lie on their backs to view the canopy that way.

